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Since 1956, VCMRF has been here "To improve, in partnership with others, access to needed health care for the most vulnerable and underserved residents of Ventura County."

Dear Friends,

Miguel earns a low-middle income and begins his job at 4:00 a.m. delivering produce to a local market. He works 29 hours per week and does not qualify for sick leave or vacation. After his shift, he drives his personal car for Lyft. Miguel feels the pressure of a hefty monthly car payment, along with the high cost of insurance, regular maintenance, and gas. He shares a 600 square foot rental apartment, off a strip mall in Port Hueneme, and the monthly payment is \$2,200, which does not include additional bills for utilities, food and other vital necessities. The economy is tough, and he is struggling through historic inflation and the rising costs of healthcare, and without a college education and a better paying job with benefits, Miguel is taking on debt.

Miguel was then in a car accident, not caused by him, and went to the hospital's emergency room. He ended up with injuries and needed the help of a short-term caregiver to provide non-medical healthcare services, at home, where patients recover faster and with fewer complications than in a hospital, but he could not afford the care.

Today in Ventura County, there are seniors and middle-income families that lack or do not have enough insurance for home care because of the high cost of living. A head of household, making minimum wage needs to hold more than three full-time jobs to achieve economic security, and with rent that increased over 9% in 2024, they faced more inequality and social injustice that caused disparities among our residents.

The **Transitions to Care Program** is here to help! With your generous support and commitment, the Ventura County Medical Resource Foundation (VCMRF) will provide compassionate, trained, and professional caregivers and support services, in a safe environment at home, rather than in a hospital. With your donations, you will make a difference and help others like Miguel.

- *\$1,000 will go towards caregiving, at home*
- *\$500 will go towards transportation from hospital to home*
- *\$100 will go towards behavioral health screenings, at home*
- *\$75 will go towards basic lab tests, at home*

Since 1956, VCMRF, a 501 (c)(3) organization has formed and strengthened partnerships with organizations and the community to provide investments in the healthcare system that are not paid for by the County of Ventura. If you are renewing your gift or are a new supporter, we are sincerely grateful for your dedication and commitment to support the less fortunate in our community. Your support provides comfort and help for vulnerable, underserved families and lets them know others care.

With gratitude,

A handwritten signature in black ink that reads "Victoria Chandler".

Victoria Chandler

President/CEO

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"Helping Generous Hearts Strengthen a Healthy Community"